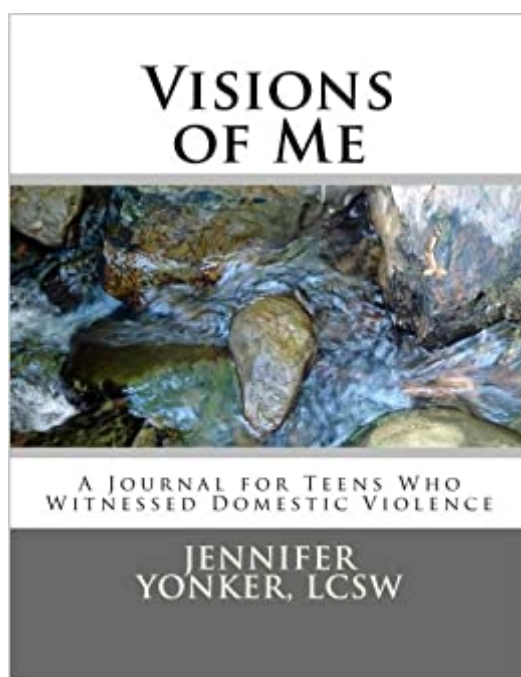


The book was found

# Visions Of Me: A Journal For Teens Who Witnessed Domestic Violence (Journals For Teens)



## Synopsis

A journal formatted psycho-educational workbook designed to assist teens in working through the feelings associated with domestic violence. Using easy to understand headers such as "The abuse affected relationships with members of my family" and "This is how I coped with the abuse in my home" writers are guided through the process of healing from witnessing domestic violence. An educational component contains safety planning, education on the cycle of violence, types of abuse, and warning signs of an abusive personality. It may be used for writing, poetry, or artwork. This journal is perfect as an extra tool for therapists and providers who work with teens. It has an easy to use and understand format enabling it to be used with younger teens and with teens of varying abilities and skill levels. It is filled with reproducible pages allowing therapists to copy chosen pages for use in therapy. It is ideal for youth who process emotions best through writing and can be used as a tool for art therapists as well.

## Book Information

Series: Journals for Teens

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Diary Notebook 6 x 9, 180 Pages (Travel Journals) Bullet Journal: 150 Pages Cactus Pattern Dotted Journal - 8"x10" (Bullet Journal Notebook) - With Bullet Journal Ideas: Bullet Journal Notebook (Volume 1) Bullet Journal: Cactus Green Dotted Journal - 150 Pages (Size 8"x10") - Bullet Journal Notebook - With Bullet Journal Ideas: Bullet Journal Notebook (Volume 2) Veterinary Hematology: Atlas of Common Domestic and Non-Domestic Species Dreams: Interpreting Your Dreams and How to Dream Your Desires- Lucid Dreaming, Visions and Dream Interpretation (Dreams, Lucid dreaming, Visions,) Thoughts of You: A Journal for Teens Coping with Grief (Journal's for Teens) Jordan River Baptism Site: Journal, Diary, Notebook - Blank, Lined, 6 x 9 - Memoir Journal, Prayer Journal, Travel Journal (Israel Series) (Volume 3) Bullet Journal: Dot Bullet Journal; Small Blank Dot Grid Journal for Women; (5.25 x 8 in.) -blank dotted pages for Diary, Planner, Calligraphy, Hand ... Journal and Notebook Collection) (Volume 1) Trauma and Recovery: The Aftermath of Violence--From Domestic Abuse to Political Terror Everyday Harm: Domestic Violence, Court Rites, and Cultures of Reconciliation Domestic Violence at the Margins: Readings on Race, Class, Gender, and Culture Domestic Violence Law, 4th Edition (American Casebook Series) Domestic Violence and the Law (University Casebook Series) Domestic Violence: Law, Policy, and Practice Handbook of Domestic Violence Intervention Strategies: Policies, Programs, and Legal Remedies

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